



State Health  
Improvement Plan

# Executive Summary

2022-2026 Florida State Health Improvement Plan





# State Health Improvement Plan Steering Committee

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|---|--|
| Agency for Health Care Administration                   | Florida Department of Elder Affairs            |
| Agency for Persons with Disabilities                    | Florida Department of Environmental Protection |
| Feeding Florida   | Florida Department of Health                   |
| Florida Agricultural and Mechanical University          | Florida Department of Juvenile Justice         |
| Florida American Indian Health Advisory Council         | Florida Department of Transportation           |
| Florida Association of Community Health Centers         | Florida Hospital Association                   |
| Florida Association of Health Planning Agencies         | Florida Housing Finance Corporation            |
| Florida Association of Health Plans                     | Florida Institute for Health Innovation        |
| Florida Behavioral Health Association                   | Florida International University               |
| Florida Blue  | Florida Philanthropic Network                  |
| Florida Chamber Foundation                              | Florida State University                       |
| Florida Dental Association                              | Office of Attorney General Ashley Moody        |
| Florida Department of Agriculture and Consumer Services | United Way of Florida                          |
| Florida Department of Children and Families             | University of Florida                          |
| Florida Department of Economic Opportunity              | University of Miami                            |
| Florida Department of Education                         | VISIT Florida                                  |



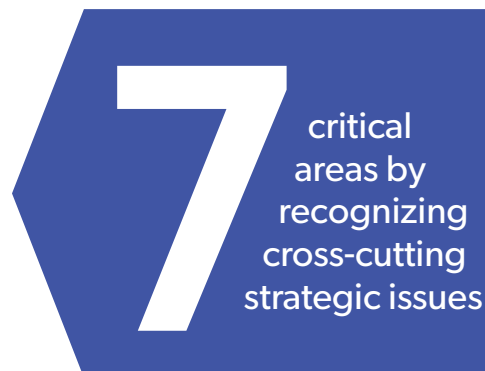
# Florida Announces the 2022-2026 State Health Improvement Plan

To drive health improvement and enhance the performance of Florida’s public health system, the State of Florida, under the leadership of the Florida State Surgeon General, assembled a diverse group of partners across public and private sectors to create a practical roadmap that enables and informs meaningful action. A collaborative process was deployed to promote inclusion and foster shared ownership of an actionable plan, which included performing assessments of the state’s health, identifying priority health areas and defining goals and objectives for advancing the health of Floridians. This process culminated in the development of Florida’s State Health Improvement Plan (SHIP), which serves as a five-year blueprint for driving efficient and targeted collective action to enhance public health.

## The Process

The state of Florida established a steering committee comprising influential figures in public health to make strategic decisions regarding the development of the SHIP, ensure the most important health issues affecting Floridians were captured and that a comprehensive and actionable plan was developed to address each. The SHIP Steering Committee directed a comprehensive State Health Assessment (SHA) using the Mobilizing for Action through Planning and Partnerships process, which ensured that selected priorities were supported by data about the health status of Florida’s residents, the effectiveness of Florida’s public health system in providing essential services, residents’ perceived quality of life and factors outside of health that impact health, now or in the future.

Emerging from the SHA key findings, the SHIP Steering Committee set priorities in seven critical areas by recognizing cross-cutting strategic issues.



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With the priority health areas determined, the SHIP Steering Committee created Priority Area Workgroups (PAWs) and tasked them with identifying impactful goals for each of the seven priority health areas. Proposed goals were presented by PAW Chairs to the SHIP Steering Committee for approval. Once priority area goals were aligned, the PAWs gathered to define specific, measurable, achievable, realistic, time-bound, inclusive and equitable (SMARTIE) objectives for each priority area goal. After a series of meetings, the SHIP Steering Committee reached consensus on goals and objectives for each priority area

that will ultimately outline the path forward for enhancing the health of Floridians.

### **Implementation of the SHIP**

PAW partners will track and report metrics toward implementation of the SHIP over the course of the five-year plan. This includes meeting quarterly to discuss progress and identification of actionable solutions or revisions to increase the effectiveness of the SHIP.

PAWs will recommend enhancements to the plan to the SHIP Steering Committee who will, at a minimum, meet twice per year to monitor progress and once per year to revise the plan. The process of collective monitoring, status reporting and continuous improvement will ensure the plan remains relevant and effective.

A new and improved website has been developed to provide information around the 2022-2026 SHIP as well as previous iterations of the SHIP. This website will serve as a resource to PAW partners, the SHIP Steering Committee and all Floridians.





# Alzheimer's Disease and Related Dementias

Alzheimer's disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. It is the most common cause of dementia among adults aged 65 years and older. Previous studies have shown that African Americans are about twice as likely and Hispanics are about one and a half times as likely to develop Alzheimer's disease or other dementias compared to older White Americans. Women are also at a higher risk of developing Alzheimer's than men. Currently, two-thirds of Americans with Alzheimer's disease are women. There is no known cure for Alzheimer's disease; however, innovative research may provide hope for prevention and effective treatment for the disease.

## GOAL 1

Strengthen the capacity to address Alzheimer's disease and related dementias.

## GOAL 2

Ensure a competent Alzheimer's disease and related dementias workforce.

## GOAL 3

Enhance support for those living with Alzheimer's disease and related dementias and their caregivers.





## Chronic Diseases and Conditions

Heart disease, stroke, type 2 diabetes, cancer and illnesses related to tobacco use are among the most common health problems affecting people of all ages, socioeconomic statuses and ethnicities. Risk factors – lack of physical activity, poor nutrition, tobacco use, excessive alcohol use, the environment and social and economic factors – cause much of the illness, suffering and early death related to chronic diseases and conditions.

### GOAL 1

Reduce new cases of cancer and cancer-related illness, disability and death.

### GOAL 2

Improve cardiovascular health by reducing new cases, disability and death from heart disease, stroke and other related illness.

### GOAL 3

Increase palliative care access and use.

### GOAL 4

Reduce the burden of diabetes and improve quality of life for all who have or are at risk for diabetes.

### GOAL 5

Improve respiratory health.

### GOAL 6

Promote the attainment and maintenance of health through health nutrition, physical activity and supportive lifestyle behaviors.

### GOAL 7

Increase access to, and utilization of, oral health care to reduce the burden and disparities of oral diseases and its impact on overall health among all Floridians.





# Injury, Safety and Violence

Unintentional injuries such as falls and motor vehicle crashes, and intentional injuries such as intimate partner violence are a major cause of death for people ages 1 to 44 years; however, most events are predictable and preventable.

## GOAL 1

Prevent or reduce childhood injuries.

## GOAL 2

Prevent or reduce adult injuries.

## GOAL 3

Prevent or reduce injuries in vulnerable populations.

## GOAL 4

Increase mitigation of Adverse Childhood Experiences (ACEs) as a statewide prevention strategy.





## Maternal and Child Health

The well-being of women, infants, children and families determines the health of the next generation. Events over the life course influence maternal and child health risks and outcomes. Difference in health outcomes such as infant mortality, by race and ethnicity, can predict future public health challenges for families, communities and the health care system.

### GOAL 1

Increase access to quality primary, preventative and sub-specialty care for infants, children and adolescents.

### GOAL 2

Reduce infant morbidity and mortality.

### GOAL 3

Reduce maternal morbidity and mortality.

### GOAL 4

Improve preconception and interconception health.





# Mental Well-being and Substance Abuse Prevention

Mental and emotional well-being enables individuals to realize their own abilities, cope with the normal stresses of life, work productively and contribute to their communities.

## GOAL 1

Reduce the impact of adult mental, emotional and behavioral health disorders.

## GOAL 2

Reduce the impact of pediatric mental, emotional and behavioral health disorders.

## GOAL 3

Reduce substance use disorders and drug overdose deaths.

## GOAL 4

Reduce suicide behaviors and deaths.





# Social and Economic Conditions Impacting Health

Social and economic conditions impacting health are the conditions in the environments where people live, work and play that influence health throughout the lifespan. These factors, including but not limited to income, employment, social supports, literacy skills and transportation have a major impact on people's ability to lead long, healthy lives.

## GOAL 1

Expand access to high-quality educational opportunities for all across the lifespan.

## GOAL 2

Improve access to high-quality health care services for all across the lifespan.

## GOAL 3

Support communities to promote healthy, interconnected and safe environments.

## GOAL 4

Enhance opportunities to foster economic vitality and resilience for all people.







# Transmissible and Emerging Diseases

Infectious organisms that are primarily acquired and transmitted through sexual activity cause many harmful, often irreversible and costly clinical complications in reproductive, fetal and perinatal health. Other emerging infectious agents pose the threat of disease outbreaks. Prevention, treatment and diagnostic strategies are essential.

## GOAL 1

Eliminate HIV transmission and reduce HIV-related deaths.

## GOAL 2

Reduce sexually transmitted infection rates.

## GOAL 3

Reduce vaccine preventable diseases across the lifespan and for all people.

## GOAL 4

Improve population health by preventing, detecting and responding to existing and emerging health threats.







State Health Improvement Plan

